

April
2017

Congregates & Kentucky HOT
Meal Clients

Wesley Community Services
513-244-5485

2% milk, skim milk, chocolate milk,
or cheese available.
White or wheat breads are
available. Margarine provided.
Wesley uses fresh herbs and spices
in their meal preparation.
Mrs. Dash is available upon
request.

*Your order may contain
substitutions sometimes based on
product availability.*

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
Rib w/BBQ Sauce Spinach Sweet Potato Pineapple Cup Cereal 1 Slice of Bread	Lasagna Roll w/Crumbled Sausage & Marinara Green Beans Cauliflower Club Cracker Fresh Fruit 1 Slice of Bread	Pork Chop Diced Beets Broccoli Pear Cup Cereal 1 Slice of Bread	Meatballs w/Mushroom-Onion Gravy & Elbow Noodles Lima Beans Broccoli Tropical Juice Pear Cup 1 Slice of Bread	Fish Nuggets Broccoli Diced Carrots Cereal Pear Cup Oreo 1 Slice of Bread
10	11	12	13	14
Breaded Chicken w/Brown Rice Broccoli Fruit Cocktail Peanut Butter Cup Cranberry Juice 1 Slice of Bread	Spaghetti w/Meat Sauce Peach Crisp Cauliflower Pear Cup Cereal	BBQ Pork Macaroni & Cheese Green Beans Mandarin Orange Cup Peanut Butter Cup 1 Slice of Bread	Turkey Mett w/Sauerkraut Mashed Potato Green Beans Pineapple Cup Chez Its 1 Slice of Bread	Fish Patty w/Brown Rice Peas/Carrots Pineapple Tidbits Tropical Juice 1 Slice of Bread
17	18	19	20	21
Grilled Breast Macaroni & Cheese Peas/Carrots Tomato Juice Fresh Fruit Cereal 1 Slice of Bread	Country Fried Steak w/Gravy Pea/Carrots Diced Peaches Chez Its Apple Juice 1 Slice of Bread	Taco Meat w/Shredded Cheese & Tortilla Shell Brown Rice Black Beans Mandarin Orange Cup Tomato Juice	Salisbury Steak w/Gravy Mashed Potato Apple Crisp Fruit Bar Cranberry Juice Peanut Butter Cup 1 Slice of bread	Fish Sticks w/Macaroni & Cheese Peas/Onions Vanilla Pudding Cranberry Juice Mandarin Oranges
24	25	26	27	28
Meatloaf w/Gravy Spinach Pea/Carrots Pineapple Cup Fresh Fruit Cereal 1 Slice of Bread	Cincinnati Chili w/ Spaghetti Shredded Cheese Black Beans Apple Crisp Fruit Roll Up Apple Juice 1 Slice of Bread	Sliced Turkey w/Broth Lima Beans German Potato Salad Chez Its Fresh Fruit 1 Slice of Bread	Ham Cauliflower w/Peppers Sweet Potato Pucks Fresh Fruit Cheese Its Grape Juice 1 Slice of Bread	Salmon Patty w/Brown Rice Succotash Mandarin Oranges Strawberry-Banana Juice 1 Slice of Bread