

Senior Centers of R.C. Durr YMCA – Adding Life to Your Years

May 2021 Virtual Calendar BOONE COUNTY, FLORENCE, & WALTON

MON	TUE	WED	THU	FRI
3 SS Classic	4 Gentle Yoga SS Yoga 10a *Zoom Bingo	5 SS Classic Staff retreat- No Staff at Center	6 Gentle Yoga SS Yoga 1p *Zoom Bingo	7 SS Classic Art w/Sue Session 1 <i>Derby Hat</i>
10 SS Classic Commodities for Walton 9:30a-12:30p	11 Gentle Yoga SS Yoga 10a *Zoom Bingo	12 SS Classic 10a FB Live- Ky Derby Trivia	13 Gentle Yoga SS Yoga 1p *Zoom Bingo	14 SS Classic Art w/Sue Session 2
17 SS Classic Commodities for Florence 10a-12p	18 Gentle Yoga SS Yoga 10a *Zoom Bingo 10a FB Watch Party- <i>What happens to our Garbage- BCPL</i>	19 SS Classic 10a FB- Nutrition Ed with Diane Mason	20 Gentle Yoga SS Yoga 1p *Zoom Bingo	21 SS Classic Art w/Sue Session 3 <i>Derby Hat</i>
24 SS Classic	25 Gentle Yoga SS Yoga 10a *Zoom Bingo	26 SS Classic National Senior Health and Fit- ness Day. 10a Maintaining Mobility as we Age (Face Book)	27 Gentle Yoga SS Yoga 1p *Zoom Bingo	28 SS Classic Art w/Sue Session 4 <i>Derby Hat</i>
31 Happy Memorial DAY No staff at center				



**Staff answer phones at the
Florence Senior Center
Mondays –Friday 9a-2p**

Phone: (859) 282-4061

**Address: 7431 US 42,
Florence, KY 41042**

Senior Center Staff

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*** Zoom Bingo reservation
must be made one day in
advance.**

Offerings are posted daily on our FB page Boone Ky Senior. Links to Fitness classes are sent by email at the beginning of each week and links to Educational offerings will be sent on their scheduled day from no-reply@mjminnovations.com. Please call us to update your contact information.

SS (Silver Sneaker), FB (Facebook)