

Aging and Disability Resource Center

***A One Stop Shop for aging and disability information,
programs, and services!***

Information and Referrals for:

**In-home services (Homemaker, Personal Care, Respite, Case Management)
Nutrition Services (Home Delivered Meals and Congregate Meals)
Transportation
Senior Centers
Caregiver Support Services
Evidence-Based Health Programs
Housing
Legal Services
Nursing Home Ombudsman**

Benefits Counseling and Screening for:

**Medicare Savings Programs
Kentucky Medicaid Waiver Screening
Federal and State-funded services
Short-Term Meal Program**

All information provided by the ADRC is free and confidential

CONTACT THE ADRC @

(859) 692-2480, Toll free 1-866-766-2372 or email at adrc@nkadd.org

Monday through Friday 8:30am to 4pm!

