

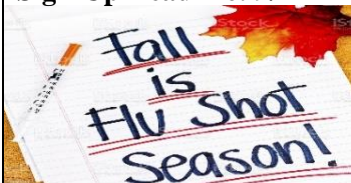


Florence Senior Center	Monday	Tuesday	Wednesday	Thursday	Friday
<p>7431 U.S. 42 Florence, KY</p> <p>Center Manager Christine Miskell CMiskell@myy.org</p>	<p>Take Note: # Flu Shot sign-up at Front Desk/ Deadline Tues 9/21 # Must Wear A Mask While In Center # Bring Your Own Snack and Drink If Needed- No Sharing # Call One Day In Advance To Reserve a Spot For Exercise # Enter Center No Earlier Than 10 Minutes Before Activity # Grandchildren Not Permitted At This Time</p>		<p>1) 10:45- **NEW TIME** Gentle Mat Yoga</p> <p>12:30- Bingo</p>	<p>2) 10:00 – Canasta & Cards 10:00 – Chair Volleyball 12- Silver Sneaker Classic</p>	<p>3) 9 – 2 Private Sewing Group 9:30 –Dance Fit 12:30- BINGO **No Mah-Jong Today**</p>
<p>Assistant Mgr. Jeannie Hoffman JHoffman@myy.org</p> <p>Phone: (859) 282-4061</p> <p>Fax: (859) 282-4065</p>	<p>6) CLOSED LABOR DAY</p>	<p>7) 9:15 – Silver Sneaker Yoga 10:00- Canasta/Cards 10:30 –Silver Sneaker Classic 11:45- Beginner Line Dance 12:15- Regular Line Dance</p>	<p>8) Center Closed Boone County Senior Picnic Roaring 20's *See You There*</p> 	<p>9) 10:00 – Canasta & Cards 10:00 – Chair Volleyball 12- Silver Sneaker Classic</p>	<p>10) 9:00- Mah-Jong 9:30 – Dance Fit 12:30- BINGO</p> <p>11) Saturday CITY OF FLORENCE KENTUCKY 10a – 1p Florence Pooch Fest</p> 
<p>Building & Fitness Room Monday - Friday 8:30a –2:30p</p>	<p>13) 9:00- Wii Bowling 9:00- Mah-Jong 12:30- Art Lessons</p>	<p>14) 9:15 – Silver Sneaker Yoga 10:00- Canasta/Cards 10:30 –Silver Sneaker Classic 11:45- Beginner Line Dance 12:15- Regular Line Dance</p>	<p>15) 10:45-Gentle Mat Yoga</p> <p>12:30- Bingo</p>	<p>16) 10:00 – Canasta & Cards 10:00 – Chair Volleyball 12- Silver Sneaker Classic</p>	<p>17) 9:00- Mah-Jong 9:30 –Dance Fit 12:30- BINGO</p>
<p>Lunch: Menu At Desk Please call the center to order Meals on Wheels lunch 1 Day in advance before 1pm Lunch arrives 11:30 \$3 Donation</p>	<p>20) Commodities 9:00- Wii Bowling 9:00- Mah-Jong 12:30- Art Lessons</p>	<p>21) 9:15 – Silver Sneaker Yoga 10:00- Canasta/Cards 10:30 –Silver Sneaker Classic 11:45- Beginner Line Dance 12:15- Regular Line Dance</p>	<p>22) 10:45- Gentle Mat Yoga 10:00 Virtual Nutrition Education- Diane Mason 12:30- Bingo</p>	<p>23) Flu Shots Today 10 – 12 Flu Shots- Ruwe 10:00 – Canasta & Cards 10:00 – Chair Volleyball 12- Silver Sneaker Classic</p>	<p>24) 9:00- Mah-Jong 9:30 – Dance Fit 12:30- BINGO</p>
	<p>27) 9:00- Wii Bowling 9:00- Mah-Jong 12:30- Art Lessons</p>	<p>28) 9:15 – Silver Sneaker Yoga 10:00- Canasta/Cards 10:30 –Silver Sneaker Classic 11:45- Beginner Line Dance 12:15- Regular Line Dance</p>	<p>29) 10:45- Gentle Mat Yoga</p> <p>12:30- Bingo</p>	<p>30) 10:00 – Canasta & Cards 10:00 – Chair Volleyball 12- Silver Sneaker Classic</p>	<p>Sign-Up Deadline: 9/21</p> 

Note: There is hand sanitizer and wipes though out the center for your use. Please do your part by sanitizing any equipment / tables / chairs that you use during your visit. Please remember to wash / sanitize your hands often. Thank you for your help by providing a safe environment.