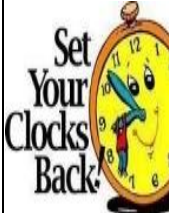

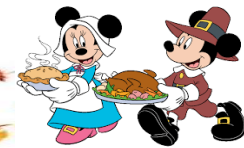






	Monday	Tuesday	Wednesday	Thursday	Friday
<p>Skees</p> <p>Senior Activity Center 7431 U.S. 42 Florence, KY</p> <p>Center Manager Christine Miskell CMiskell@myy.org</p> <p>Assistant Mgr. Jeannie Hoffman JHoffman@myy.org</p> <p>Phone: (859) 282-4061</p> <p>Fax: (859) 282-4065</p> <p>Building & Fitness Room Monday - Friday 8:30a - 2:30p</p> <p>Lunch: Menu At Desk Please call the center to order Meals on Wheels lunch 2 Days in advance before 1pm Lunch arrives 11:30 \$3 Donation</p>	<p>1) We are collecting thank you for your service cards to give to the National Guard on 11/12</p> <p>9:00- Wii Bowling 9:00- Mah-Jong 12:30- Art Lessons</p>	<p>2)</p> <p>9:15 – Silver Sneaker Yoga 10:00- Canasta 10:30 –Silver Sneaker Classic 11:45- Beginner Line Dance 12:15- Regular Line Dance</p>	<p>3)</p> <p>10:45- Gentle Mat Yoga 12:30- Bingo</p>	<p>4)</p> <p>10:00 – Canasta & Cards 12- Silver Sneaker Classic 1:00 – Time Change Chair Volleyball</p>	<p>5)</p> <p>9 – 2 Private Sewing Group 9:30 –Dance Fit 12:30- BINGO **No Mah-Jong Today**</p>
	<p>7) Sunday</p>  <p>8)</p> <p>9:00- Wii 9:00- Mah-Jong 12:30- Art</p>	<p>9)</p> <p>9:15 – Silver Sneaker Yoga 10:00- Canasta 10:30 –Silver Sneaker Classic 11:45- Beginner Line Dance 12:15- Regular Line Dance</p>	<p>10)</p> <p>10:45- Gentle Mat Yoga 12:30- Bingo</p>	<p>11) VETERANS DAY HONORING ALL WHO SERVED</p> <p>**New Class**</p> <p>9:30- Tai Chi- Arthritis 10:00 – Canasta & Cards 12- Silver Sneaker Classic 1:00 – Chair Volleyball</p>	<p>12) Moderna Booster Clinic Given by the National Guard</p> <p>Please call the center to schedule your time ** All other activities are canceled today**</p>
	<p>15) Commodities</p> <p>9:00- Wii Bowling 9:00- Mah-Jong 12:30- Art Lessons</p>	<p>16)</p> <p>9:15 – Silver Sneaker Yoga 10:00- Canasta 10:30 –Silver Sneaker Classic 11:45- Beginner Line Dance 12:15- Regular Line Dance</p>	<p>17)</p> <p>10:45-Gentle Mat Yoga 12:00 In Person Nutrition Education- Diane Mason 12:30- Bingo</p>	<p>18)</p> <p>9:30- Tai Chi -Arthritis 10:00 – Canasta & Cards 12- Silver Sneaker Classic 1:00 – Chair Volleyball</p>	<p>19) 9:00- Mah-Jong 9:30 –Dance Fit LUNCH & LEARN 11- Thanksgiving Story Point Senior Living ** Reserve a Seat ** 12:30- BINGO</p>
	<p>22)</p> <p>9:00- Wii Bowling 9:00- Mah-Jong 12:30- Art Lessons</p>	<p>23)</p> <p>9:15 – Silver Sneaker Yoga 10:00- Canasta 10:30 –Silver Sneaker Classic 11:45- Beginner Line Dance 12:15- Regular Line Dance</p>	<p>24) Center Closed</p> 	<p>25) Center Closed</p>	<p>26) Center Closed</p> 
	<p>29)</p> <p>9:00- Wii Bowling 9:00- Mah-Jong 12:30- Art Lessons</p>	<p>30)</p> <p>9:15 – Silver Sneaker Yoga 10:00- Canasta 10:30 –Silver Sneaker Classic 11:45- Beginner Line Dance 12:15- Regular Line Dance</p>	 <p>Please Remember:</p> <ul style="list-style-type: none"> # Sign-Up is required to attend the 11/19 Lunch & Learn # Call One Day in Advance to Reserve a Spot for Exercise # Grandchildren Not Permitted at This Time # Weather Notice: The center will be CLOSED whenever Boone County Schools are Closed due to inclement weather 		

Note: There is hand sanitizer and wipes throughout the center for your use. Please do your part by sanitizing any equipment / tables / chairs that you use during your visit. Please remember to wash / sanitize your hands often. Thank you for your help by providing a safe environment.