

Kentucky Hot Menu



November 2021

513-244-5485

MEALS on WHEELS
SOUTHWEST OH & NORTHERN KY

1 Monday	2 Tuesday	3 Wednesday	4 Thursday	5 Friday
Sloppy Joe w/ No bun Green Beans Roasted Baby Bakers Slice of bread Tropical Fruit Juice Cheese It Crackers	Salisbury Steak Mashed Potatoes French Green Beans Slice of Bread Sun Butter Diced Peaches Granola Bar	Cheeseburger Sweet Potato Puff Mixed Berry Crisp Slice of bread Sun Butter Orange Marshmallow Pie	Pot Roast Parslied Noodles Collard Greens Slice of Bread Sun Butter Diced Peaches Oreos	Cheeseburger Meatloaf Baby Bakers California Vegetables Slice of bread Organge Juice Town House Crackers
8 Monday	9 Tuesday	10 Wednesday	11 Thursday	12 Friday
Spaghetti & Meatballs Italian Vegetables Cinnamon Apples Slice of bread Cranberry Juice Fig bar	Herbed Baked Chicken Macaroni & Cheese Chateau Blend Veggies Slice of Bread Apple Juice Fruit Delight	Cincinnati Chili & Spaghetti Shredded cheese Corn & Black Beans Cinnamon Apples Sun Butter Grape Juice Pineapple Cup	Country Fried Steak Scalloped Potatoes Caifornia Vegetables Slice of Bread Sun Butter Cranberry Juice Donut Stick	Pork Chop Sauerkraut Diced Parslied Potatoes Slice of Bread Tropical Fruit Juice Brownie
15 Monday	16 Tuesday	17 Wednesday	18 Thursday	19 Friday
Boneless Chicken Bites Au Gratin Potatoes Mixed Vegetables Slice of bread Sun Butter Mixed Fruit Cup	Grill Sausage w/ Onion and Peppers Potato Wedges Mixed Vegetables Slice of Bread Apple Juice Sun Butter	Sliced Turkey & Gravy Dressing Green Beans Slice of bread Diced Pears Vanilla Cookie	Chicken Alfredo w/ Penne Pasta sliced Carrots Broccoli Slice of Bread Tropicl Fruit Juice Fruit Delight	Flame Broiled Beef Steak Roasted Baby Bakers Mixed Vegetables Slice of Bread Banana Snack Bar
22 Monday	23 Tuesday	24 Wednesday	25 Thursday	26 Friday
Ham and Beans Spinach Tator Tots Slice of Bread Sun Butter Apples Sauce Sun Chips	Lasagna Rollup w/ Meat Sauce Mixed Vegetables Apple Crisp Slice of Bread Apple Juice Graham Crackers	Cincinnati Chili & Spaghetti shredded cheese Corn & Black beans Cinnamon Apples Orange Fruit Delight	Thanksgiving Closed	Business Holiday Closed
29 Monday	30 Tuesday	Wednesday	Thursday	Friday
Chicken Strips Mixed Vegetables Tater Barrels Sun Butter Cranberry Juice Brownie	Meatloaf Augratin Potatoes Mixed Vegetables Slice of Bread Mixed Fruit Cup Lorna Doone Cookie			

Your order may contain substitutions, based on product availability.

