






	Monday	Tuesday	Wednesday	Thursday	Friday
<p>Skees Senior Activity Center 7431 U.S. 42 Florence, KY</p>  <p>Center Manager Christine Miskell CMiskell@myy.org</p> <p>Assistant Mgr. Jeannie Hoffman JHoffman@myy.org</p> <p>Phone: (859) 282-4061</p> <p>Building & Fitness Room Monday - Friday 8:30a - 2:30p</p> <p>Meals on Wheels Lunch Menu At Desk \$3 Donation Call the center two days in advance to reserve a meal. Lunch arrives 11:30</p>	<p>3) Welcome Back 9:00- Mah-Jong 12:30- Art Lessons</p> 	<p>4) 9:15 - SS Yoga Video 10:00- Canasta 10:30 -Silver Sneaker Classic 11:45- Beginner Line Dance 12:15- Regular Line Dance</p>	<p>5) 9:00 -Bridge Lessons New Players Welcome 10:45 Gentle Mat Yoga Video 12:30- Bingo</p>	<p>6) 9:30- Tai Chi Arthritis 10:00 - Canasta & Cards 12- Silver Sneaker Classic 1:00 - Chair Volleyball</p>	<p>7) 9:00 Private Sewing Group 9:30 -Dance Fit 12:30- BINGO</p>
	<p>10) 9:00- Mah-Jong 12:30- Art Lessons</p>	<p>11) 9:15 - Silver Sneaker Yoga 10:00- Canasta 10:30 -Silver Sneaker Classic 11:45- Beginner Line Dance 12:15- Regular Line Dance</p>	<p>12) 9:00 - Bridge Lessons 10:45- Gentle Mat Yoga 12:30- Bingo</p>	<p>13) 9:30- Tai Chi Arthritis 10:00 - Canasta & Cards 12- Silver Sneaker Classic 1:00 - Chair Volleyball</p>	<p>14) 9:00- Mah-Jong 9:30 -Dance Fit 12:30- BINGO</p>
	<p>17) Center Closed</p> 	<p>18) 9:15 - Silver Sneaker Yoga 10:00- Canasta 10:30 -Silver Sneaker Classic 11:45- Beginner Line Dance 12:15- Regular Line Dance</p>	<p>19) 9:00 Bridge Lessons 10:45-Gentle Mat Yoga 12:00-Nutrition Ed with Diane Mason Beverage Options for the New Year 12:30- Bingo</p>	<p>20) 9:30- Tai Chi Arthritis 10:00 - Canasta & Cards 12- Silver Sneaker Classic 1:00 - Chair Volleyball</p>	<p>21) 9:00- Mah-Jong 9:30 -Dance Fit 12:30- BINGO</p>
	<p>24) Commodities 9:00- Mah-Jong 12:30- Art Lessons</p>	<p>25) 9:15 - Silver Sneaker Yoga 10:00- Canasta 10:30 -Silver Sneaker Classic 11:45- Beginner Line Dance 12:15- Regular Line Dance</p>	<p>26) 9:00 - Bridge Lessons 10:45-Gentle Mat Yoga 12:30- Bingo</p>	<p>27) 9:30- Tai Chi Arthritis 10:00 - Canasta & Cards 12- Silver Sneaker Classic 1:00 - Chair Volleyball</p>	<p>28) 9:00- Mah-Jong 9:30 -Dance Fit 12:30- BINGO</p>
	<p>31) 9:00- Mah-Jong</p>  <p>9:00- 11:00 Self Driven Meet-Up at StoryPoint Breakfast /Bingo/Info Tour</p> <p>12:30- Art Lessons</p>	<p>Weather Notice: The center will be CLOSED whenever Boone County Schools are closed due to inclement weather</p> <p>Things to Remember / Activities are Weather Permitting # Masks are required inside the center # RSVP to attend the Story Point Breakfast Bingo & Tour # Call One Day In Advance To Reserve a Spot For Exercise # Grandchildren Not Permitted At This Time # Complimentary Coffee Mon - Fri from 8:30 to 12:30</p>			

Note: There is hand sanitizer and wipes throughout the center for your use. Please do your part by sanitizing any equipment / tables / chairs that you use during your visit. Please remember to wash / sanitize your hands often. Thank you for your help by providing a safe environment.