

Note: Please call only one day in advance to reserve a seat for exercise classes.

	Monday	Tuesday	Wednesday	Thursday	Friday
<p>Skees Senior Activity Center 7431 U.S. 42 Florence, KY</p> <p>Activities for 60 and Over</p> <p>Center Manager Christine Miskell CMiskell@myy.org</p> <p>Assistant Mgr. Jeannie Hoffman JHoffman@myy.org</p> <p>Building Hours Fitness Room Monday - Friday 8:30a - 2:30p (859) 282-4061 Facebook Page: Boone Ky Senior</p> <p>\$1 Meals on Wheels Call the center 48 hrs ahead to reserve meal. Lunch arrives 11:30 Meal menu upon request Must be eaten at center</p>	<p>Boone County Senior Picnic</p> <p>Wednesday 13th Treasure Island Theme</p> <p>9am – 2pm ** Tickets Sold Out **</p>	<p>Senior Fall Fest Friday October 20 10am to 2pm @ Thomas More Way Y'all This is a Free Event ***See Flyer *** Boone centers will be closed Sign-Up If You Plan To Attend</p>	<p>Friday Sept 8th 11:00am Solo Violin Concert Violinist Jared Maucotel Featuring music from well-known composers such as J.S Bach & Eugene Ysaye. Learning about the composers will help the audience understand the story behind the music. RSVP</p> 	<p>1) Dance Fit- Cancelled 9:00 Private Sewing Group 9:00- Mah-Jong 11:00- Hosted By LUNCH & LEARN INSPIRATIONS OF FLORENCE Limited Space RSVP 12:30- BINGO</p>	
	<p>4) Center Closed</p> 	<p>5)</p> <p>10:00- Cards 10:30- Silver Sneaker 11:45- Beginner Line Dance 12:15- Regular Line Dance 1:30- Chair Volleyball</p>	<p>6)</p> <p>9:00- Bridge Class 10:15- Mat Yoga 12:30- Bingo</p>	<p>7)</p> <p>9:30- Tai Chi Arthritis 10:00- Cards 10:45- SS Chair Yoga 12:00- Silver Sneaker 1:00- Chair Volleyball</p>	<p>8) Dance Fit- Cancelled 9:00- Mah-Jong 11:00 Solo Violin Concert Snappy Pizza & Apple Pie</p>  <p>12:30- BINGO</p>
	<p>11)</p> <p>8:30 Fitness Room 9:00- Mah-Jong 10:00 Meet & Greet Trains & Tunes Trip @ R.C. Durr 12:30- Art Lessons</p>	<p>12)</p> <p>10:00- Cards 10:30- Silver Sneaker 11:45- Beginner Line Dance 12:15- Regular Line Dance 1:30- Chair Volleyball</p>	<p>13) Center Closed 9am See You There</p> 	<p>14)</p> <p>9:30- Tai Chi Arthritis 10:00- Mexican Train (Sign-Up If Interested) 10:45- SS Chair Yoga 12:00- Silver Sneaker 1:00- Chair Volleyball</p>	<p>15)</p> <p>9:00- Mah-Jong 9:30 -Dance Fit 12:30 - BINGO</p>
	<p>18) Commodities</p> <p>8:30 Fitness Room 9:00- Mah-Jong 12:30- Art Lessons</p>	<p>19)</p> <p>10:00- Cards 10:30- Silver Sneaker 11:45- Beginner Line Dance 12:15- Regular Line Dance 1:30- Chair Volleyball</p>	<p>20)</p> <p>9:00- Bridge Class 10:15- Mat Yoga 11:30- Nutrition Ed with Diane Mason 12:30- Bingo</p>	<p>21)</p> <p>9:30- Tai Chi Arthritis 10:00- Cards 10:45- SS Chair Yoga 12:00- Silver Sneaker 1:00- Chair Volleyball</p>	<p>22)</p> <p>9:00- Mah-Jong 9:30 -Dance Fit 10:30- Advisory Council 12:30- BINGO</p>
	<p>25) RSVP Flu Vaccine</p> <p>8:30 Fitness Room 9:00- Mah-Jong 11:30 Ruwe Pharmacy Flu Vaccine Only 12:30- Art Lessons</p>	<p>26)</p> <p>10:00- Cards 10:30- Silver Sneaker 11:45- Beginner Line Dance 12:15- Regular Line Dance 1:30- Chair Volleyball</p>	<p>27)</p> <p>9:00- Bridge Class 10:15- Mat Yoga 12:30- Bingo</p>	<p>28)</p> <p>9:30- Tai Chi Arthritis 10:00- Cards 10:45- SS Chair Yoga 12:00- Silver Sneaker 1:00- Chair Volleyball</p>	<p>29)</p> <p>9:00- Mah-Jong 9:30 -Dance Fit 11:00- Host: LUNCH & LEARN ESSENCE Must RSVP 12:30- BINGO HEALTHCARE</p>

Remember to bring your own drink / snack if needed. There is hand sanitizer and wipes throughout the center for your use. Please do your part by sanitizing any equipment / tables / chairs that you use during your visit. Please wash / sanitize your hands often. Thank you for your help by providing a safe environment.