






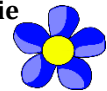

# April 2025

## Adding Life To Your Years

Spring Tea – May 13  
Gaines Tavern  
\$30, RSVP Required



Note: Please call only 1 day in advance to reserve a seat for exercise classes.

	Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Skees Senior Activity Center</b> 7431 U.S. 42 Florence, KY</p> <p>Activities for <b>60</b> and Over</p> <p><b>Center Manager</b> Jeannie Hoffman <a href="mailto:JHoffman@myy.org">JHoffman@myy.org</a></p> <p><b>Assistant Mgr.</b> Teresa Taylor <a href="mailto:Taylor@myy.org">Taylor@myy.org</a></p> <p><b>Building Hours</b> Fitness Room Monday - Friday 8:30a – 2:30p (859) 282-4061</p> <p><b>New Facebook Page:</b> <b>Follow us @ Boone Ky Seniors</b></p> <p><b>\$1 Meals on Wheels</b> Call the center 48 hrs ahead to reserve meal. Lunch arrives 11:30 Meal menu upon request Must be eaten at center</p>	<p><b>Groovin At the Y!</b> </p> <p><b>Saturday April 26<sup>th</sup> – 3:00 pm</b> <b>Get your tickets now, before they sell out!</b></p>	<p>1) 10:00- Hand &amp; Foot Cards 10:30- Silver Sneaker 11:45- Beginner Line Dance 12:15- Regular Line Dance 1:30- Chair Volleyball</p>	<p>2) 9:00- Bridge Class 10:15- Mat Yoga 12:30 - Bingo</p>	<p>3) 9:30- Tai Chi Arthritis 10:00- Cards 10:45- SS Chair Yoga 12:00- Silver Sneaker 1:00- Chair Volleyball</p>	<p>4) 9:00- Mah-Jong <b>9:30 – Dance Fit Cancelled</b> 12:30 Bingo</p>
	<p>7) 9:00- Mah-Jong 12:30 - Art Group</p>	<p>8) 10:00- Hand &amp; Foot Cards 10:30- Silver Sneaker 11:45- Beginner Line Dance 12:15- Regular Line Dance 1:30- Chair Volleyball</p>	<p>9) 9:00- Bridge Class 10:15- Mat Yoga 12:30 - Bingo</p>	<p>10) 9:30- Tai Chi Arthritis 10:00- Mexican Train Dominos /Cards 10:45- SS Chair Yoga 12:00- Silver Sneaker 1:00- Chair Volleyball</p>	<p>11) 9:00- Mah-Jong 9:30 – Dance Fit 12:30- Bingo</p>
	<p>14) 9:00- Mah-Jong <b>11:00 Digital Literacy w/ Rick Sellnow- RSVP@desk</b> 12:30- Art Group</p>	<p>15) 10:00- Hand &amp; Foot Cards 10:30- Silver Sneaker 11:45- Beginner Line Dance 12:15- Regular Line Dance 1:30- Chair Volleyball</p>	<p>16) 9:00- Bridge Class 10:15- Mat Yoga <b>11:30 Nutrition Ed. w/ Diane Mason</b> 12:30- Bingo</p>	<p>17) 9:30- Tai Chi Arthritis 10:00- Cards 10:45- SS Chair Yoga 12:00- Silver Sneaker 1:00- Chair Volleyball</p>	<p>18)  <b>Center Closed</b></p>
	<p>21) <b>Commodities</b> 9:00- Mah-Jong 12:00 Pizza Snack  <b>Donated by: HWY 42</b> 12:30- Art Group</p>	<p>22) 10:00- Hand &amp; Foot Cards 10:30- Silver Sneaker 11:45- Beginner Line Dance 12:15- Regular Line Dance 1:30- Chair Volleyball</p>	<p>23) 9:00- Bridge Class 10:15- Mat Yoga <b>12:30- Bingo with special guest caller – Mayor Julie Aubuchon!</b> </p>	<p>24) 9:30- Tai Chi Arthritis 10:00- Cards 10:45- SS Chair Yoga 12:00- Silver Sneaker 1:00- Chair Volleyball</p>	<p>25) 9:00- Mah-Jong 9:30 – Dance Fit <b>11:00 Kyle w/Elite Medical- (Diabetic Shoes) will be here to answer questions</b> 12:30- Bingo</p>
	<p>28) 9:00- Mah-Jong 12:30- Art Group</p>	<p>29) 10:00- Hand &amp; Foot Cards 10:30- Silver Sneaker 11:45- Beginner Line Dance 12:15- Regular Line Dance 1:30- Chair Volleyball</p>	<p>30) <b>Disaster Preparedness Program Boone County Enrichment Center 9:00 am – 3:00 pm RSVP required Sign up @ desk</b> </p> <p><b>Center closed</b></p>		