Kentucky Hot Menu 513-244-5485		MEALS WHEELS	2025 June	
2 MONDAY	3 TUESDAY	4 WEDNESDAY	5 THURSDAY	6 FRIDAY
Turkey & Gravy	Chicken Alfredo w/Penne Pasta	Flame Broiled Beef Steak	Ham and Beans	Lasagna Rollup w/Meat Sauce
Mashed Potatoes	Sliced Carrots	Roasted Bakers	Spinach	Mixed Vegetables
Green Beans	Broccoli	Mixed Vegetables	Redskin Potatoes	Apple Crisp
Slice of Bread	Slice of Bread	Slice of bread	Slice of Bread	Slice of Bread
Diced Pears	Tropical Fruit Juice	Peaches	Apple Sauce	Grape Juice
Town house Crackers	Snack Bar	Brownie	Sun Chips	Graham Crackers
9 MONDAY	10 TUESDAY	11 WEDNESDAY	12 THURSDAY	13 FRIDAY
Chicken Strips	Meatloaf w. gravy	Salisbury Steak/Gravy	Cheeseburger	Pot Roast
Mixed Vegetables	Mashed Potatoes	Parslied Potatoes	Sweet Potato Puff	Parslied Noodles
Sweet Potato Cubes	Carrots	Mixed Vegetables	Mixed Berry Crisp	Collard Greens
Sun Butter	Slice of Bread	Slice of Bread	Slice of bread	Slice of Bread
Tropical Fruit Juice	Mixed Fruit Cup	Sun Butter	Sun Butter	Diced Peaches
Brownie	Lorna Doone Cookie	Diced Peaches	Orange	Choc. Crème cookie
16 MONDAY	17 TUESDAY	18 WEDNESDAY	19 THURSDAY	20 FRIDAY
Cheeseburger Meatloaf	Spaghetti & Meatballs	Baked Chicken w. Gravy	Cincinnati Chili & Spaghetti	Country Fried Steak
Baby Bakers	Italian Vegetables	Herbed Dressing	Shredded cheese	Scalloped Potatoes
California Vegetables	Spinach	Brocolli & Cauliflower	Corn & Black Beans	Cailfornia Vegetables
Slice of bread	Slice of bread	Slice of Bread	Cinnamon Apples	Slice of Bread
Orange Juice	Sun Butter	Apple Juice	Oyster Crackers	Tropical Fruit Juice
Town house-crackers	Fig bar	Snack bar	Pineapple Cup	Nutri-grain bar
23 MONDAY	24 TUESDAY	25 WEDNESDAY	26 THURSDAY	27 FRIDAY
Sloppy Joe w/no bun	Boneless Chicken Bites	Grilled Sausage w/Onion and Peppers	Turkey & Gravy	Chicken Alfredo w/Penne Pasta
Green Beans	Au Gratin Potatoes	Potato Wedges	Mashed Potatoes	Sliced Carrots
Roasted Bakers	Mixed Vegetables	Mixed Vegetables	Green Beans	Broccoli
Slice of bread	Slice of Bread	Slice of Bread	Slice of Bread	Slice of Bread
Diced Pears	Sun Butter	Apple Juice	Diced Pears	Tropical Fruit Juice
Cheese It Crackers	Mixed Fruit Cup		Town house Crackers	Snack Bar
30 MONDAY				
Flame Broiled Beef				
Steak Beasted Bakara				
Roasted Bakers Mixed Vegetables				
Slice of bread				
Peaches				
Brownie				